



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

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Kaufmann, Sascha

□□: Pheidippides

□□: 146

Enduro Short U15 & 4Fun

□□□□:

Männer M40

□□□: 9:49:51

□□: - km/h

□□□□: 8:48 min/km

□□□□□/□□□: 51 (of 52)

□□□□□/□: 45 (of 45)

□□□□□□: 5:42:02

□□□□□: 6(of 6)

□□□□□□□: 5:50:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:38:52	8:08	6	58:43	45	1:00:50	19.50	2:38:52	8:08	6	58:43	23	14:24
Kühude	20.50	2:56:22	8:36	6	1:13:19	45	1:13:39	40.00	5:35:14	8:22	6	2:12:02	23	38:41
Nasse Wiese	20.50	3:24:32	9:58	6	1:30:12	44	1:46:28	60.50	8:59:46	8:55	6	3:42:14	23	1:13:22
□□	6.50	50:05	7:42	6	17:05	38	23:43	-	9:49:51	-	6	3:58:54	44	4:07:49