



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

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Hülsmann, Olaf

□□: DUV

□□: 615

Enduro U13

□□□□:

Männer M35

□□□: 12:27:05

□□: - km/h

□□□□: 7:24 min/km

□□□□□/□□□: 36 (of 59)

□□□□□/□: 34 (of 52)

□□□□□□: 8:09:44

□□□□□: 4(of 4)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Nasse Wiese	19.50	2:17:11	7:02	4	48:29	43	48:29	19.50	2:17:11	7:02	4	48:29	8	7:36
Kühude	20.50	2:19:46	6:49	4	46:42	35	46:42	40.00	4:36:57	6:55	4	1:35:11	8	3:46
Rhein-Weser-Tur	17.00	2:11:39	7:44	4	50:37	45	50:37	57.00	6:48:36	7:10	4	2:25:48	8	3:17
Kühude	17.00	2:16:33	8:01	4	48:44	39	48:44	74.00	9:05:09	7:22	4	3:14:32	8	2:50
Nasse Wiese	20.50	2:44:46	8:02	4	53:43	28	53:43	94.50	11:49:55	7:30	4	4:08:15	8	
□□	6.50	37:10	5:43	3	9:06	15	9:06	-	12:27:05	-	4	4:17:21	34	4:17:21