



Bödefelder Hollenlauf / Hollenmarsch

Bödefeld / 14.05.2011

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Braun, Andreas

□□: Berlin

□□: 604

Enduro U13

□□□□:

Männer M60

□□□: 13:02:48

□□: - km/h

□□□□: 7:45 min/km

□□□□□/□□□: 48 (of 59)

□□□□□/□: 43 (of 52)

□□□□□□: 8:09:44

□□□□□: 2(of 4)

□□□□□□□: 13:01:17

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🏠	📏 km	🕒 🕒	📏 min/km	📏 -	📏 -	📏 🕒	📏 🕒	📏 km	🕒 🕒	📏 min/km	📏 -	📏 -	📏 🕒	📏 🕒
Nasse Wiese	19.50	2:29:17	7:39	3	16:43	50	1:00:35	19.50	2:29:17	7:39	2	16:43	17	19:42
Kühude	20.50	2:31:13	7:22	3	11:24	46	58:09	40.00	5:00:30	7:30	2	28:07	17	27:19
Rhein-Weser-Tur	17.00	2:13:09	7:49	3	9:59	47	52:07	57.00	7:13:39	7:36	2	34:04	17	28:20
Kühude	17.00	2:19:04	8:10	1	-	43	51:15	74.00	9:32:43	7:44	2	21:42	17	30:24
Nasse Wiese	20.50	2:46:52	8:08	1	-	30	55:49	94.50	12:19:35	7:49	2	2:18	17	18:20
🏠	6.50	43:13	6:38	2	0:01	33	15:09	-	13:02:48	-	2	1:31	43	4:53:04