



12. Harzer MTB-Event
Altenau (Oberharz) / 22.05.2011

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Ilsemann, Marc

□□□: 3:15:36

□□: Focus BAD SALZDETFURTH racing

□□: 23.31 km/h

□□: 983

□□: 76.00 km

□□□□□/□□□: 21 (of 214)

Marathon Mitteldistanz

□□□□□/□: 21 (of 207)

□□□□□□: 2:52:22

□□□□:

□□□□□: 5(of 96)

Senioren

□□□□□□□: 3:06:30

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	25.70	58:20	26.43	4	0:53	21	3:47	25.70	58:20	26.43	58	-	33	2:36
□□ 2	38.00	1:25:21	26.71	1	-	2	29:37	63.70	2:23:41	26.60	59	-	22	-
□□□ □□	12.30	51:55	14.22	80	28:02	179	28:02	76.00	3:15:36	23.31	13	1:27:59	42	1:47:19