



12. Harzer MTB-Event
Altenau (Oberharz) / 22.05.2011

□□□□

Köhler, Roland

□□: Rc Endspurt Herford

□□: 777

□□: 76.00 km

Marathon Mitteldistanz

□□□□:

Senioren

□□□: 3:37:41

□□: 20.95 km/h

□□□□□/□□□: 70 (of 214)

□□□□□/□: 70 (of 207)

□□□□□□: 2:52:22

□□□□□: 25(of 96)

□□□□□□□: 3:06:30

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 25.70 | 1:06:29 | 22.56 | 28 | 9:02 | 75 | 11:56 | 25.70 | 1:06:29 | 22.56 | 84 | - | 91 | 10:45 |
| □□ 2 | 38.00 | 1:50:49 | 20.57 | 25 | 25:28 | 72 | 55:05 | 63.70 | 2:57:18 | 21.32 | 81 | - | 72 | 29:12 |
| □□□ □□ | 12.30 | 40:23 | 17.83 | 25 | 16:30 | 70 | 16:30 | 76.00 | 3:37:41 | 20.95 | 34 | 1:50:04 | 92 | 2:09:24 |