



12. Harzer MTB-Event  
Altenau (Oberharz) / 22.05.2011

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Köhler, Roland

□□: Rc Endspurt Herford

□□: 777

□□: 76.00 km

Marathon Mitteldistanz

□□□□:

Senioren

□□□: 3:37:41

□□: 20.95 km/h

□□□□□/□□□: 70 (of 214)

□□□□□/□: 70 (of 207)

□□□□□□: 2:52:22

□□□□□: 25(of 96)

□□□□□□□: 3:06:30

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	25.70	1:06:29	22.56	28	9:02	75	11:56	25.70	1:06:29	22.56	84	-	91	10:45
□□ 2	38.00	1:50:49	20.57	25	25:28	72	55:05	63.70	2:57:18	21.32	81	-	72	29:12
□□□ □□	12.30	40:23	17.83	25	16:30	70	16:30	76.00	3:37:41	20.95	34	1:50:04	92	2:09:24