



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Roadrunners Jena

□□□: 15:39:18

□□: 71

□□: - km/h  
□□□□: 5:29 min/km

Enduro E Bike

□□□□□: 157 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 33(of 68)

Mixstaffel

□□□□□□□: 11:33:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Grumbach	17.20	1:29:59	5:13	46	23:25	161	30:46	17.20	1:29:59	5:13	54			224	30:46
Schildwiese	20.10	1:34:00	4:40	26	24:00	104	27:12	37.30	3:03:59	4:55	54			224	57:58
Neuhaus/ Gewerl	15.50	1:38:28	6:21	51	29:23	186	42:09	52.80	4:42:27	5:20	54	8:33		224	1:40:07
Masserberg	19.80	1:30:03	4:32	29	23:30	113	26:51	72.60	6:12:30	5:07	54			224	2:05:32
Allzunah	16.80	1:45:26	6:16	47	37:48	183	41:54	89.40	7:57:56	5:20	54			224	2:45:32
Grenzdler	19.80	1:37:34	4:55	22	26:32	84	26:32	109.20	9:35:30	5:16	54			224	3:11:16
Neue Ausspanne	13.80	1:16:17	5:31	24	16:30	125	29:01	123.00	10:51:47	5:17	54			223	3:40:17
Kleiner Inselsber	13.90	1:39:43	7:10	64	39:41	217	50:47	136.90	12:31:30	5:29	54			222	4:31:04
Hohe Sonne	19.70	1:51:00	5:38	53	41:28	194	41:52	156.60	14:22:30	5:30	54			222	5:12:56
Hörschel	14.70	1:16:48	5:13	17	13:46	91	28:29	-	15:39:18	-	33	4:05:34		157	5:41:25