



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Hopfenhengste

□□: 191

□□: 171.30 km

Blankenstein-Hörschel

□□□□:

Männerstaffel

□□□: 15:06:37

□□: 11.32 km/h

□□□□: 5:17 min/km

□□□□□: 123 (of 223)

□□□□□□: 9:57:53

□□□□□: 98(of 142)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:26:05	5:00	98	26:52	128	26:52	17.20	1:26:05	5:00	99	26:52	152	26:52
Schildwiese	20.10	1:33:57	4:40	75	27:09	103	27:09	37.30	3:00:02	4:49	99	54:01	152	54:01
Neuhaus/ Gewerl	15.50	1:21:32	5:15	56	25:13	68	25:13	52.80	4:21:34	4:57	99	1:19:14	152	1:19:14
Masserberg	19.80	1:22:50	4:11	43	19:38	55	19:38	72.60	5:44:24	4:44	99	1:37:26	152	1:37:26
Allzunah	16.80	1:45:46	6:17	129	42:14	185	42:14	89.40	7:30:10	5:02	99	2:17:46	152	2:17:46
Grenzadler	19.80	1:41:37	5:07	89	29:47	129	30:35	109.20	9:11:47	5:03	99	2:47:33	152	2:47:33
Neue Ausspanne	13.80	1:28:18	6:23	133	41:02	196	41:02	123.00	10:40:05	5:12	98	3:28:35	151	3:28:35
Kleiner Inselsber	13.90	1:08:24	4:55	41	19:28	50	19:28	136.90	11:48:29	5:10	98	3:48:03	151	3:48:03
Hohe Sonne	19.70	1:54:36	5:49	135	45:28	200	45:28	156.60	13:43:05	5:15	98	4:33:31	151	4:33:31
Hörschel	14.70	1:23:32	5:40	105	35:13	144	35:13	171.30	15:06:37	5:17	98	5:08:44	123	5:08:44