



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Günters Männer ohne Waffen

□□□: 10:22:36

□□: 88

□□: 16.48 km/h

□□□□: 3:38 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 2 (of 223)

□□□□□□: 9:57:53

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□□□□□: 2(of 142)

Männerstaffel

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	59:21	3:27	2	0:08	2	0:08	17.20	59:21	3:27	2	0:08	2	0:08
Schildwiese	20.10	1:08:07	3:23	3	1:19	3	1:19	37.30	2:07:28	3:25	2	1:27	2	1:27
Neuhaus/ Gewerl	15.50	1:01:41	3:58	3	5:22	3	5:22	52.80	3:09:09	3:34	2	6:49	2	6:49
Masserberg	19.80	1:04:14	3:14	2	1:02	2	1:02	72.60	4:13:23	3:29	2	6:25	2	6:25
Allzunah	16.80	1:06:30	3:57	3	2:58	3	2:58	89.40	5:19:53	3:34	2	7:29	2	7:29
Grenzadler	19.80	1:15:27	3:48	2	3:37	3	4:25	109.20	6:35:20	3:37	2	11:06	2	11:06
Neue Ausspanne	13.80	49:58	3:37	2	2:42	2	2:42	123.00	7:25:18	3:37	2	13:48	2	13:48
Kleiner Inselsber	13.90	52:36	3:47	3	3:40	3	3:40	136.90	8:17:54	3:38	2	17:28	2	17:28
Hohe Sonne	19.70	1:12:09	3:39	3	3:01	5	3:01	156.60	9:30:03	3:38	2	20:29	2	20:29
Hörschel	14.70	52:33	3:34	3	4:14	3	4:14	171.30	10:22:36	3:38	2	24:43	2	24:43