



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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LTV Obereichsfeld Mix Rot

□□□: 15:47:59

□□: 4

□□: 10.82 km/h

□□□□: 5:32 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 168 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 123(of 142)

Männerstaffel

□□□□□□□: 9:57:53

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.20 | 1:46:54 | 6:12 | 138 | 47:41 | 215 | 47:41 | 17.20 | 1:46:54 | 6:12 | 132 | 47:41 | 203 | 47:41 |
| Schildwiese | 20.10 | 2:07:34 | 6:20 | 138 | 1:00:46 | 217 | 1:00:46 | 37.30 | 3:54:28 | 6:17 | 132 | 1:48:27 | 203 | 1:48:27 |
| Neuhaus/ Gewerl | 15.50 | 1:29:44 | 5:47 | 100 | 33:25 | 130 | 33:25 | 52.80 | 5:24:12 | 6:08 | 132 | 2:21:52 | 203 | 2:21:52 |
| Masserberg | 19.80 | 1:29:46 | 4:32 | 83 | 26:34 | 109 | 26:34 | 72.60 | 6:53:58 | 5:42 | 132 | 2:47:00 | 203 | 2:47:00 |
| Allzunah | 16.80 | 1:14:29 | 4:26 | 8 | 10:57 | 10 | 10:57 | 89.40 | 8:08:27 | 5:27 | 132 | 2:56:03 | 203 | 2:56:03 |
| Grenzadler | 19.80 | 1:44:36 | 5:16 | 102 | 32:46 | 147 | 33:34 | 109.20 | 9:53:03 | 5:25 | 132 | 3:28:49 | 203 | 3:28:49 |
| Neue Ausspanne | 13.80 | 1:25:51 | 6:13 | 127 | 38:35 | 182 | 38:35 | 123.00 | 11:18:54 | 5:31 | 131 | 4:07:24 | 202 | 4:07:24 |
| Kleiner Inselsber | 13.90 | 1:31:09 | 6:33 | 136 | 42:13 | 205 | 42:13 | 136.90 | 12:50:03 | 5:37 | 130 | 4:49:37 | 201 | 4:49:37 |
| Hohe Sonne | 19.70 | 1:29:57 | 4:33 | 44 | 20:49 | 57 | 20:49 | 156.60 | 14:20:00 | 5:29 | 130 | 5:10:26 | 201 | 5:10:26 |
| Hörschel | 14.70 | 1:27:59 | 5:59 | 117 | 39:40 | 169 | 39:40 | 171.30 | 15:47:59 | 5:32 | 123 | 5:50:06 | 168 | 5:50:06 |