



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Weidmüller Rennsteig Runners

□□□: 15:56:44

□□: 132

□□: 10.74 km/h

□□□□: 5:35 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 171 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 125(of 142)

Männerstaffel

□□□□□□□: 9:57:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:39:35	5:47	135	40:22	206	40:22	17.20	1:39:35	5:47	135	40:22	209	40:22
Schildwiese	20.10	1:35:53	4:46	84	29:05	117	29:05	37.30	3:15:28	5:14	135	1:09:27	209	1:09:27
Neuhaus/ Gewerl	15.50	1:36:41	6:14	122	40:22	177	40:22	52.80	4:52:09	5:31	135	1:49:49	209	1:49:49
Masserberg	19.80	1:17:51	3:55	23	14:39	30	14:39	72.60	6:10:00	5:05	135	2:03:02	209	2:03:02
Allzunah	16.80	1:38:37	5:52	105	35:05	138	35:05	89.40	7:48:37	5:14	135	2:36:13	209	2:36:13
Grenzadler	19.80	1:40:27	5:04	82	28:37	116	29:25	109.20	9:29:04	5:12	135	3:04:50	209	3:04:50
Neue Ausspanne	13.80	1:33:25	6:46	138	46:09	213	46:09	123.00	11:02:29	5:23	134	3:50:59	208	3:50:59
Kleiner Inselsber	13.90	1:42:18	7:21	141	53:22	219	53:22	136.90	12:44:47	5:35	133	4:44:21	207	4:44:21
Hohe Sonne	19.70	1:43:17	5:14	114	34:09	163	34:09	156.60	14:28:04	5:32	133	5:18:30	207	5:18:30
Hörschel	14.70	1:28:40	6:01	118	40:21	172	40:21	171.30	15:56:44	5:35	125	5:58:51	171	5:58:51