



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

□□□□

Kurzschlußströme

□□□: 18:53:09

□□: 59

□□: 9.05 km/h

□□□□: 6:37 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 221 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 68(of 68)

Mixstaffel

□□□□□□□: 11:33:44

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------------------|-------|---------|--------|----|---------|-----|---------|--------|----------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □□□ | □□□ | km | □□ | min/km | - | - | □□□ | □□□ |
| Grumbach | 17.20 | 1:24:49 | 4:55 | 23 | 18:15 | 113 | 25:36 | 17.20 | 1:24:49 | 4:55 | 20 | | 224 | 25:36 |
| Schildwiese | 20.10 | 2:11:01 | 6:31 | 67 | 1:01:01 | 218 | 1:04:13 | 37.30 | 3:35:50 | 5:47 | 20 | 30:48 | 224 | 1:29:49 |
| Neuhaus/ Gewerl | 15.50 | 2:26:24 | 9:26 | 68 | 1:17:19 | 223 | 1:30:05 | 52.80 | 6:02:14 | 6:51 | 20 | 1:28:20 | 224 | 2:59:54 |
| Masserberg | 19.80 | 1:47:05 | 5:24 | 61 | 40:32 | 202 | 43:53 | 72.60 | 7:49:19 | 6:27 | 20 | 1:31:31 | 224 | 3:42:21 |
| Allzunah | 16.80 | 2:41:28 | 9:36 | 68 | 1:33:50 | 223 | 1:37:56 | 89.40 | 10:30:47 | 7:03 | 20 | 2:28:17 | 224 | 5:18:23 |
| Grenzadler | 19.80 | 2:01:05 | 6:06 | 59 | 50:03 | 199 | 50:03 | 109.20 | 12:31:52 | 6:53 | 20 | 2:06:41 | 224 | 6:07:38 |
| Neue Ausspanne | 13.80 | 1:45:12 | 7:37 | 68 | 45:25 | 221 | 57:56 | 123.00 | 14:17:04 | 6:58 | 20 | 2:33:55 | 223 | 7:05:34 |
| Kleiner Inselsber | 13.90 | 1:32:58 | 6:41 | 59 | 32:56 | 208 | 44:02 | 136.90 | 15:50:02 | 6:56 | 20 | 2:42:42 | 222 | 7:49:36 |
| Hohe Sonne | 19.70 | 2:00:05 | 6:05 | 65 | 50:33 | 214 | 50:57 | 156.60 | 17:50:07 | 6:50 | 20 | 3:02:13 | 222 | 8:40:33 |
| Hörschel | 14.70 | 1:03:02 | 4:17 | 1 | - | 14 | 14:43 | 171.30 | 18:53:09 | 6:36 | 68 | 7:19:25 | 221 | 8:55:16 |