



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Team Schiller Staffel

□□□: 12:54:45

□□: 121

□□: 13.24 km/h

□□□□: 4:31 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 21 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 16(of 142)

Männerstaffel

□□□□□□□: 9:57:53

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|-------------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Grumbach | 17.20 | 1:20:55 | 4:42 | 68 | 21:42 | 81 | 21:42 | 17.20 | 1:20:55 | 4:42 | 16 | 21:42 | 27 | 21:42 |
| Schildwiese | 20.10 | 1:24:33 | 4:12 | 24 | 17:45 | 36 | 17:45 | 37.30 | 2:45:28 | 4:26 | 16 | 39:27 | 27 | 39:27 |
| Neuhaus/ Gewerl | 15.50 | 1:12:17 | 4:39 | 10 | 15:58 | 13 | 15:58 | 52.80 | 3:57:45 | 4:30 | 16 | 55:25 | 27 | 55:25 |
| Masserberg | 19.80 | 1:22:10 | 4:08 | 40 | 18:58 | 52 | 18:58 | 72.60 | 5:19:55 | 4:24 | 16 | 1:12:57 | 27 | 1:12:57 |
| Allzunah | 16.80 | 1:23:07 | 4:56 | 28 | 19:35 | 35 | 19:35 | 89.40 | 6:43:02 | 4:30 | 16 | 1:30:38 | 27 | 1:30:38 |
| Grenzadler | 19.80 | 1:35:52 | 4:50 | 57 | 24:02 | 75 | 24:50 | 109.20 | 8:18:54 | 4:34 | 16 | 1:54:40 | 27 | 1:54:40 |
| Neue Ausspanne | 13.80 | 1:11:21 | 5:10 | 77 | 24:05 | 90 | 24:05 | 123.00 | 9:30:15 | 4:38 | 16 | 2:18:45 | 27 | 2:18:45 |
| Kleiner Inselsber | 13.90 | 1:03:08 | 4:32 | 16 | 14:12 | 19 | 14:12 | 136.90 | 10:33:23 | 4:37 | 16 | 2:32:57 | 27 | 2:32:57 |
| Hohe Sonne | 19.70 | 1:17:28 | 3:55 | 9 | 8:20 | 13 | 8:20 | 156.60 | 11:50:51 | 4:32 | 16 | 2:41:17 | 27 | 2:41:17 |
| Hörschel | 14.70 | 1:03:54 | 4:20 | 14 | 15:35 | 16 | 15:35 | 171.30 | 12:54:45 | 4:31 | 16 | 2:56:52 | 21 | 2:56:52 |