



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Team Deja vu

□□□: 13:15:09

□□: 202

□□: 12.90 km/h

□□□□: 4:38 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 33 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 26(of 142)

Männerstaffel

□□□□□□□: 9:57:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:11:02	4:07	19	11:49	23	11:49	17.20	1:11:02	4:07	27	11:49	41	11:49
Schildwiese	20.10	1:31:48	4:34	62	25:00	85	25:00	37.30	2:42:50	4:21	27	36:49	41	36:49
Neuhaus/ Gewerl	15.50	1:25:10	5:29	75	28:51	95	28:51	52.80	4:08:00	4:41	27	1:05:40	41	1:05:40
Masserberg	19.80	1:15:42	3:49	10	12:30	17	12:30	72.60	5:23:42	4:27	27	1:16:44	41	1:16:44
Allzunah	16.80	1:25:55	5:06	45	22:23	54	22:23	89.40	6:49:37	4:34	27	1:37:13	41	1:37:13
Grenzdler	19.80	1:37:48	4:56	66	25:58	89	26:46	109.20	8:27:25	4:38	27	2:03:11	41	2:03:11
Neue Ausspanne	13.80	1:02:36	4:32	28	15:20	30	15:20	123.00	9:30:01	4:38	26	2:18:31	40	2:18:31
Kleiner Inselsber	13.90	1:13:18	5:16	78	24:22	100	24:22	136.90	10:43:19	4:41	26	2:42:53	40	2:42:53
Hohe Sonne	19.70	1:29:21	4:32	41	20:13	53	20:13	156.60	12:12:40	4:40	26	3:03:06	40	3:03:06
Hörschel	14.70	1:02:29	4:15	13	14:10	13	14:10	171.30	13:15:09	4:38	26	3:17:16	33	3:17:16