



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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FPL-Team Schmeheim & Freunde

□□□: 13:42:41

□□: 117

□□: 12.47 km/h

□□□□: 4:48 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 50 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 40(of 142)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.20	1:28:41	5:09	108	29:28	154	29:28	17.20	1:28:41	5:09	41	29:28	59	29:28
Schildwiese	20.10	1:24:05	4:10	23	17:17	33	17:17	37.30	2:52:46	4:37	41	46:45	59	46:45
Neuhaus/ Gewerl	15.50	1:15:54	4:53	22	19:35	27	19:35	52.80	4:08:40	4:42	41	1:06:20	59	1:06:20
Masserberg	19.80	1:24:07	4:14	49	20:55	63	20:55	72.60	5:32:47	4:35	41	1:25:49	59	1:25:49
Allzunah	16.80	1:40:20	5:58	114	36:48	152	36:48	89.40	7:13:07	4:50	41	2:00:43	59	2:00:43
Grenzadler	19.80	1:31:05	4:36	35	19:15	44	20:03	109.20	8:44:12	4:48	41	2:19:58	59	2:19:58
Neue Ausspanne	13.80	1:09:04	5:00	60	21:48	69	21:48	123.00	9:53:16	4:49	40	2:41:46	58	2:41:46
Kleiner Inselsber	13.90	1:07:57	4:53	37	19:01	45	19:01	136.90	11:01:13	4:49	40	3:00:47	58	3:00:47
Hohe Sonne	19.70	1:28:59	4:31	40	19:51	52	19:51	156.60	12:30:12	4:47	40	3:20:38	58	3:20:38
Hörschel	14.70	1:12:29	4:55	49	24:10	60	24:10	171.30	13:42:41	4:48	40	3:44:48	50	3:44:48