



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

0000

fit&run Pfadfinder

000: 13:49:12

00: 145

00: 12.40 km/h
0000: 4:50 min/km

00: 171.30 km

Blankenstein-Hörschel

00000: 56 (of 223)

000000: 9:57:53

0000:

00000: 45(of 142)

Männerstaffel

0000000: 9:57:53

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Grumbach	17.20	1:19:17	4:36	60	20:04	70	20:04	17.20	1:19:17	4:36	46	20:04	65	20:04
Schildwiese	20.10	1:28:33	4:24	47	21:45	65	21:45	37.30	2:47:50	4:29	46	41:49	65	41:49
Neuhaus/ Gewerl	15.50	1:16:22	4:55	25	20:03	31	20:03	52.80	4:04:12	4:37	46	1:01:52	65	1:01:52
Masserberg	19.80	1:32:30	4:40	94	29:18	128	29:18	72.60	5:36:42	4:38	46	1:29:44	65	1:29:44
Allzunah	16.80	1:29:34	5:19	68	26:02	85	26:02	89.40	7:06:16	4:46	46	1:53:52	65	1:53:52
Grenzadler	19.80	1:40:20	5:04	79	28:30	112	29:18	109.20	8:46:36	4:49	46	2:22:22	65	2:22:22
Neue Ausspanne	13.80	1:07:50	4:54	50	20:34	57	20:34	123.00	9:54:26	4:49	45	2:42:56	64	2:42:56
Kleiner Inselsber	13.90	1:07:24	4:50	35	18:28	43	18:28	136.90	11:01:50	4:50	45	3:01:24	64	3:01:24
Hohe Sonne	19.70	1:38:16	4:59	88	29:08	121	29:08	156.60	12:40:06	4:51	45	3:30:32	64	3:30:32
Hörschel	14.70	1:09:06	4:42	34	20:47	41	20:47	171.30	13:49:12	4:50	45	3:51:19	56	3:51:19