



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Tambacher Skijäger

□□□: 13:57:45

□□: 170

□□: 12.25 km/h

□□□□: 4:53 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 64 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 53(of 142)

Männerstaffel

□□□□□□□: 9:57:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:25:08	4:56	92	25:55	119	25:55	17.20	1:25:08	4:56	54	25:55	75	25:55
Schildwiese	20.10	1:25:12	4:14	27	18:24	39	18:24	37.30	2:50:20	4:33	54	44:19	75	44:19
Neuhaus/ Gewerl	15.50	1:18:16	5:02	37	21:57	45	21:57	52.80	4:08:36	4:42	54	1:06:16	75	1:06:16
Masserberg	19.80	1:29:44	4:31	82	26:32	108	26:32	72.60	5:38:20	4:39	54	1:31:22	75	1:31:22
Allzunah	16.80	1:29:31	5:19	67	25:59	84	25:59	89.40	7:07:51	4:47	54	1:55:27	75	1:55:27
Grenzadler	19.80	1:38:37	4:58	71	26:47	98	27:35	109.20	8:46:28	4:49	54	2:22:14	75	2:22:14
Neue Ausspanne	13.80	1:11:19	5:10	75	24:03	88	24:03	123.00	9:57:47	4:51	53	2:46:17	74	2:46:17
Kleiner Inselsber	13.90	1:06:38	4:47	30	17:42	37	17:42	136.90	11:04:25	4:51	53	3:03:59	74	3:03:59
Hohe Sonne	19.70	1:38:17	4:59	89	29:09	122	29:09	156.60	12:42:42	4:52	53	3:33:08	74	3:33:08
Hörschel	14.70	1:15:03	5:06	61	26:44	78	26:44	171.30	13:57:45	4:53	53	3:59:52	64	3:59:52