



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

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Die 10 Hermunduren

□□□: 15:14:55

□□: 44

□□: - km/h
□□□□: 5:20 min/km

Enduro E Bike

□□□□□: 135 (of 223)

□□□□□□: 9:57:53

□□□□:

□□□□□: 25(of 68)

Mixstaffel

□□□□□□□: 11:33:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:26:37	5:02	32	20:03	132	27:24	17.20	1:26:37	5:02	62		224	27:24
Schildwiese	20.10	1:56:41	5:48	64	46:41	206	49:53	37.30	3:23:18	5:27	62	18:16	224	1:17:17
Neuhaus/ Gewerl	15.50	1:20:15	5:10	8	11:10	56	23:56	52.80	4:43:33	5:22	62	9:39	224	1:41:13
Masserberg	19.80	2:06:27	6:23	67	59:54	220	1:03:15	72.60	6:50:00	5:38	62	32:12	224	2:43:02
Allzunah	16.80	1:07:38	4:01	1	-	4	4:06	89.40	7:57:38	5:20	62		224	2:45:14
Grenzadler	19.80	1:41:07	5:06	35	30:05	123	30:05	109.20	9:38:45	5:17	62		224	3:14:31
Neue Ausspanne	13.80	1:28:28	6:24	53	28:41	198	41:12	123.00	11:07:13	5:25	62		223	3:55:43
Kleiner Inselsber	13.90	1:11:22	5:08	16	11:20	78	22:26	136.90	12:18:35	5:23	62		222	4:18:09
Hohe Sonne	19.70	1:41:30	5:09	37	31:58	149	32:22	156.60	14:00:05	5:21	62		222	4:50:31
Hörschel	14.70	1:14:50	5:05	14	11:48	73	26:31	-	15:14:55	-	25	3:41:11	135	5:17:02