



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

□□□□

Kochskämper, Siegfried

□□: TV Beckum

□□: 10126

□□: 10.00 km

Nordic Walking 10 km

□□□: 1:11:27

□□: 8.40 km/h

□□□□□□: 94

□□□□: 11.41

□□□□: 96 □