



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

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Knott, Karl-Heinz

□□: Fortuna Mülleken

□□: 10103

□□: 10.00 km

Nordic Walking 10 km

□□□: 1:19:16

□□: 7.57 km/h

□□□□□□: 94

□□□□: 11.41

□□□□: 86 □