



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

□□□□

Bonnekessel, Michael

□□□: 2:12:08

□□: Laktatexpress/Rohloff/Endorfin

□□: 24.07 km/h

□□: 48

□□: 53.00 km

□□□□□/□□□: 7 (of 269)

Marathonstrecke

□□□□□/□: 7 (of 254)

□□□□□□: 2:04:26

□□□□:

□□□□□: 2(of 105)

Senioren 2

□□□□□□□: 2:09:07

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	47:05	22.94	2	1:05	6	3:08	18.50	47:05	22.94	2	1:05	7	3:08
Dohrenbach	21.00	41:25	30.42	3	1:31	10	2:27	39.50	1:28:30	26.44	2	2:36	7	5:35
Bilstein	5.50	26:11	11.46	2	0:47	7	0:59	45.00	1:54:41	23.54	2	3:23	7	6:34
□□	8.00	17:27	27.51	1	-	6	1:08	53.00	2:12:08	24.07	3	1:02:43	8	1:02:43