

8. SKS Bilstein Bike Marathon 8. SKS bilstein bike man. Großalmerode / 19.06.2011



Roshop, Ralf □□□: 2:59:26 □□: SG Stern Bremen □□: 17.72 km/h

□□: 54

_____: 139 (of 269) □□: 53.00 km _______: 130 (of 254) Marathonstrecke □□□□□□: 2:04:26

____: 52(of 105) ____: 2:09:07 Senioren 2

	km		km/h	-	-			km		km/h	-	-		
Vielarmiger Weg	18.50	1:00:01	18.00	31	14:01	85	16:04	18.50	1:00:01	18.00	52	14:01	130	16:04
Dohrenbach	21.00	51:40	24.39	47	11:46	119	12:42	39.50	1:51:41	20.95	52	25:47	130	28:46
Bilstein	5.50	41:02	7.31	58	15:38	146	15:50	45.00	2:32:43	17.68	52	41:25	130	44:36
	8.00	26:43	17.97	81	9:16	195	10:24	53.00	2:59:26	17.72	53	1:50:01	131	1:50:01