



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

□□□□

Wolf, Helen

□□□: 2:59:33

□□: Mountain Heroes

□□: 17.71 km/h

□□: 79

□□: 53.00 km

□□□□□/□□□: 140 (of 269)

Marathonstrecke

□□□□□/□: 10 (of 15)

□□□□□□: 2:26:05

□□□□:

□□□□□: 3(of 3)

Damen

□□□□□□□: 2:45:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	1:03:16	17.07	2	2:29	9	10:49	18.50	1:03:16	17.07	3	2:29	10	10:49
Dohrenbach	21.00	53:32	23.54	3	5:12	10	9:15	39.50	1:56:48	20.03	3	7:41	10	20:04
Bilstein	5.50	38:48	7.73	3	3:28	10	9:05	45.00	2:35:36	17.35	3	11:09	10	29:09
□□	8.00	23:57	20.04	3	3:08	10	4:19	53.00	2:59:33	17.71	3	14:17	10	33:28