



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Leder, Heiko

□□□: 3:14:06

□□: Ostwest-Express

□□: 16.38 km/h

□□: 249

□□: 53.00 km

□□□□□/□□□: 186 (of 269)

Marathonstrecke

□□□□□/□: 175 (of 254)

□□□□□□: 2:04:26

□□□□:

□□□□□: 73(of 105)

Senioren 2

□□□□□□□: 2:09:07

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	1:08:38	16.17	78	22:38	188	24:41	18.50	1:08:38	16.17	73	22:38	175	24:41
Dohrenbach	21.00	55:53	22.55	74	15:59	179	16:55	39.50	2:04:31	19.03	73	38:37	175	41:36
Bilstein	5.50	44:45	7.37	74	19:21	180	19:33	45.00	2:49:16	15.95	73	57:58	175	1:01:09
□□	8.00	24:50	19.33	62	7:23	154	8:31	53.00	3:14:06	16.38	74	2:04:41	176	2:04:41