



# 8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Sippel, Ralf

□□: SC Eschwege

□□: 1037

□□: 106.00 km

Marathonstrecke lang

□□□□:

Senioren 2

□□□: 5:27:55

□□: 19.40 km/h

□□□□□/□□□: 12 (of 26)

□□□□□/□: 12 (of 23)

□□□□□□: 4:20:32

□□□□□: 3(of 8)

□□□□□□□: 4:47:08

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	56:55	18.98	4	7:43	14	11:04	18.50	56:55	18.98	4		11	2:41
Dohrenbach	21.00	48:57	25.74	6	5:34	18	8:37	39.50	1:45:52	22.10	4		11	6:47
Bilstein	5.50	33:40	8.91	4	5:42	14	10:00	45.00	2:19:32	19.35	4		11	9:51
□□ 1	8.00	20:04	23.92	2	1:44	10	3:05	53.00	2:39:36	19.92	3	20:43	11	13:07
□□□ Vielarmiger	18.50	1:00:54	17.73	4	8:00	11	11:04	71.50	3:40:30	19.32	3	28:43	11	13:39
Dohrenbach	21.00	49:56	25.23	3	4:21	12	9:09	92.50	4:30:26	20.41	3	33:04	11	13:23
Bilstein	5.50	35:53	8.36	3	5:31	12	10:14	98.00	5:06:19	19.20	3	38:35	11	14:00
□□	8.00	21:36	22.22	3	2:12	10	4:23	106.00	5:27:55	19.40	4	1:55:36	14	2:31:12