



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Münch, Michael

□□: Kassel

□□: 1043

□□: 106.00 km

Marathonstrecke lang

□□□□:

Senioren 1

□□□: 5:32:43

□□: 19.12 km/h

□□□□□/□□□: 13 (of 26)

□□□□□/□: 13 (of 23)

□□□□□□: 4:20:32

□□□□□: 4(of 7)

□□□□□□□: 4:39:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	54:10	19.94	4	7:27	12	8:19	18.50	54:10	19.94	5		10	
Dohrenbach	21.00	46:00	27.39	4	3:52	14	5:40	39.50	1:40:10	23.36	5		10	1:05
Bilstein	5.50	35:27	8.46	4	9:29	19	11:47	45.00	2:15:37	19.91	5		10	5:56
□□ 1	8.00	20:50	23.04	4	3:05	15	3:51	53.00	2:36:27	20.33	4	23:39	10	9:58
□□□ Vielarmiger \	18.50	1:03:48	16.93	4	10:39	14	13:58	71.50	3:40:15	19.34	4	34:18	10	13:24
Dohrenbach	21.00	51:22	24.53	4	5:22	15	10:35	92.50	4:31:37	20.32	4	39:40	10	14:34
Bilstein	5.50	39:22	7.62	5	10:35	15	13:43	98.00	5:10:59	18.91	4	50:15	10	18:40
□□	8.00	21:44	22.09	3	3:11	11	4:31	106.00	5:32:43	19.12	5	2:36:00	15	2:36:00