



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Przystaw, Andreas

□□: RSV Bochum

□□: 1012

□□: 106.00 km

Marathonstrecke lang

□□□□:

Senioren 2

□□□: 5:45:37

□□: 18.40 km/h

□□□□□/□□□: 18 (of 26)

□□□□□/□: 16 (of 23)

□□□□□□: 4:20:32

□□□□□: 5(of 8)

□□□□□□□: 4:47:08

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	52:52	20.43	2	3:40	11	7:01	18.50	52:52	20.43	6		7	
Dohrenbach	21.00	45:44	27.55	3	2:21	13	5:24	39.50	1:38:36	23.73	6		7	
Bilstein	5.50	35:08	8.54	7	7:10	18	11:28	45.00	2:13:44	20.19	6		7	4:03
□□ 1	8.00	22:28	21.36	7	4:08	20	5:29	53.00	2:36:12	20.36	5	17:19	7	9:43
□□□ Vielarmiger	18.50	1:09:19	15.58	6	16:25	19	19:29	71.50	3:45:31	18.89	5	33:44	7	18:40
Dohrenbach	21.00	53:11	23.69	5	7:36	16	12:24	92.50	4:38:42	19.81	5	41:20	7	21:39
Bilstein	5.50	41:14	7.28	7	10:52	19	15:35	98.00	5:19:56	18.38	5	52:12	7	27:37
□□	8.00	25:41	18.69	6	6:17	18	8:28	106.00	5:45:37	18.40	6	2:13:18	18	2:48:54