



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Ditschar, Bernd

□□□: 5:48:09

□□: Kassel

□□: 18.27 km/h

□□: 1013

□□: 106.00 km

□□□□□/□□□: 20 (of 26)

Marathonstrecke lang

□□□□□/□: 18 (of 23)

□□□□□□: 4:20:32

□□□□:

□□□□□: 5(of 7)

Senioren 1

□□□□□□□: 4:39:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	58:08	19.09	5	11:25	16	12:17	18.50	58:08	19.09	6		5	3:54
Dohrenbach	21.00	50:11	25.11	5	8:03	20	9:51	39.50	1:48:19	21.88	6		5	9:14
Bilstein	5.50	35:27	9.31	4	9:29	19	11:47	45.00	2:23:46	18.78	6		5	14:05
□□ 1	8.00	21:55	21.90	5	4:10	19	4:56	53.00	2:45:41	19.19	5	32:53	5	19:12
□□□ Vielarmiger \	18.50	1:06:02	16.81	5	12:53	18	16:12	71.50	3:51:43	18.51	5	45:46	5	24:52
Dohrenbach	21.00	55:45	22.60	5	9:45	18	14:58	92.50	4:47:28	19.31	5	55:31	5	30:25
Bilstein	5.50	38:53	8.49	4	10:06	14	13:14	98.00	5:26:21	18.02	5	1:05:37	5	34:02
□□	8.00	21:48	22.02	4	3:15	12	4:35	106.00	5:48:09	18.27	6	2:51:26	20	2:51:26