



8. SKS Bilstein Bike Marathon

Großalmerode / 19.06.2011

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Früchtenicht, Karsten

□□: Bike Facts! Kassel

□□: 1018

□□: 106.00 km

Marathonstrecke lang

□□□□:

Senioren 2

□□□: 5:57:17

□□: 17.80 km/h

□□□□□/□□□: 22 (of 26)

□□□□□/□: 20 (of 23)

□□□□□□: 4:20:32

□□□□□: 7 (of 8)

□□□□□□□: 4:47:08

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.50	59:35	18.13	7	10:23	19	13:44	18.50	59:35	18.13	8		3	5:21
Dohrenbach	21.00	48:37	25.92	5	5:14	16	8:17	39.50	1:48:12	21.63	8		3	9:07
Bilstein	5.50	35:02	8.56	5	7:04	16	11:22	45.00	2:23:14	18.85	8		3	13:33
□□ 1	8.00	21:23	22.45	5	3:03	17	4:24	53.00	2:44:37	19.32	7	25:44	3	18:08
□□□ Vielarmiger	18.50	1:09:43	15.49	7	16:49	20	19:53	71.50	3:54:20	18.18	7	42:33	3	27:29
Dohrenbach	21.00	56:15	22.40	7	10:40	19	15:28	92.50	4:50:35	19.00	7	53:13	3	33:32
Bilstein	5.50	41:01	7.31	6	10:39	18	15:22	98.00	5:31:36	17.73	7	1:03:52	3	39:17
□□	8.00	25:41	18.69	6	6:17	18	8:28	106.00	5:57:17	17.80	8	2:24:58	22	3:00:34