



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

0000

Hirsch, Werner

00: DUV

00: 66

00: 100.00 km

Thüringen Ultra

0000:

Männer M55

000: 12:12:18

00: 8.19 km/h

0000: 7:19 min/km

00000/000: 84 (of 176)

00000/0: 74 (of 140)

000000: 8:21:21

00000: 6(of 14)

0000000: 10:44:52

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Ruhlaer Skihütte	23.96	2:34:52	6:27	3	3:33	45	31:32	23.96	2:34:52	6:27	7		78	
Floh-Seligenthal	26.92	3:09:45	7:02	8	23:48	85	1:03:49	50.88	5:44:37	6:46	7		78	
Finsterbergen	24.12	3:11:13	7:55	8	31:06	84	1:05:03	75.00	8:55:50	7:08	6	58:27	74	2:40:24
Fröttstädt	25.00	3:16:28	7:51	8	34:17	78	1:11:03	100.00	12:12:18	7:19	6	1:27:26	74	3:50:57