



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

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Fiehring, Andrea

00: SV Steinbach
00: 118

00: 100.00 km
Thüringen Ultra

0000:
Frauen W50

000: 12:26:10

00: 8.04 km/h
0000: 7:28 min/km

00000/000: 92 (of 176)

00000/0: 13 (of 36)

000000: 9:26:20

00000: 3(of 5)

0000000: 11:25:15

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Ruhlaer Skihütte | 23.96 | 2:48:50 | 7:02 | 2 | 3:52 | 10 | 27:44 | 23.96 | 2:48:50 | 7:02 | 3 | 3:52 | 33 | |
| Floh-Seligenthal | 26.92 | 3:05:56 | 6:54 | 2 | 20:03 | 11 | 38:53 | 50.88 | 5:54:46 | 6:58 | 3 | 23:55 | 33 | |
| Finsterbergen | 24.12 | 3:06:56 | 7:45 | 3 | 11:40 | 11 | 50:01 | 75.00 | 9:01:42 | 7:13 | 3 | 31:02 | 31 | |
| Fröttstädt | 25.00 | 3:24:28 | 8:10 | 3 | 39:12 | 14 | 1:03:35 | 100.00 | 12:26:10 | 7:27 | 3 | 1:00:55 | 13 | 2:59:50 |