



# 5. Thüringen ULTRA

Fröttstädt / 01.07.2011-02.07.2011

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Kresse, Nicole

□□: MTP Hersbruck  
 □□: 1029

□□: 161.00 km  
 Thüringen ULTRA - 100 Meilen

□□□□:  
 Frauen W35

□□□: 21:36:31

□□: 7.45 km/h  
 □□□□: 8:03 min/km

□□□□□/□□□: 18 (of 89)

□□□□□/□: 1 (of 5)

□□□□□□: 21:36:31

□□□□□: 1(of 1)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Berggasthof Hör:	43.00	4:45:41	6:38	1	-	1	-	43.00	4:45:41	6:38	2	4:45:41	6	4:45:41	
Sondra	28.00	3:35:11	7:41	1	-	1	-	71.00	8:20:52	7:03	2	8:20:52	6	8:20:52	
Ruhlaer Skihütte	14.00	1:57:05	8:21	1	-	1	-	85.00	10:17:57	7:16	2	10:17:57	6	10:17:57	
Brotterode/Kleins:	15.00	2:08:20	8:33	1	-	1	-	100.00	12:26:17	7:27	2	12:26:17	6	12:26:17	
Floh-Seligenthal	12.00	1:29:20	7:26	1	-	1	-	112.00	13:55:37	7:27	2	13:55:37	6	13:55:37	
Finsterbergen	23.00	3:32:59	9:15	1	-	1	-	135.00	17:28:36	7:46	2	17:28:36	6	17:28:36	
Fröttstädt	26.00	4:07:55	9:32	1	-	2	8:00	161.00	21:36:31	8:03	1	-	1	-	