



5. Thüringen ULTRA

Fröttstädt / 01.07.2011-02.07.2011

□□□□

Barthel, Mike

□□: SV Kyffhäuser

□□: 1019

□□: 161.00 km

Thüringen ULTRA - 100 Meilen

□□□□:

Männer M35

□□□: 23:18:47

□□: 6.91 km/h

□□□□: 8:41 min/km

□□□□□/□□□: 37 (of 89)

□□□□□/□: 36 (of 84)

□□□□□□: 16:36:15

□□□□□: 1(of 6)

□□□□□□□: 23:18:47

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Berggasthof Hör:	43.00	5:17:57	7:23	3	54:01	36	2:22:04	43.00	5:17:57	7:23	7	5:17:57	85	5:17:57	
Sondra	28.00	3:46:00	8:04	1	-	16	52:08	71.00	9:03:57	7:39	7	9:03:57	82	9:03:57	
Ruhlaer Skihütte	14.00	2:08:58	9:12	1	-	22	32:18	85.00	11:12:55	7:54	5	11:12:55	74	11:12:55	
Brotterode/Kleins:	15.00	2:03:19	8:13	1	-	23	31:15	100.00	13:16:14	7:57	5	13:16:14	72	13:16:14	
Floh-Seligenthal	12.00	1:20:18	6:41	1	-	15	20:29	112.00	14:36:32	7:49	5	14:36:32	72	14:36:32	
Finsterbergen	23.00	4:13:02	11:00	3	13:53	58	1:36:53	135.00	18:49:34	8:22	5	18:49:34	72	18:49:34	
Fröttstädt	26.00	4:29:13	10:21	4	37:09	62	1:57:19	161.00	23:18:47	8:41	1	-	36	6:42:32	