



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

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Meininger, Ulrich

□□: M&H Rennsteigteam

□□: 1012

□□: 161.00 km

Thüringen ULTRA - 100 Meilen

□□□□:

Männer M50

□□□: 22:48:33

□□: 7.06 km/h

□□□□: 8:30 min/km

□□□□□/□□□: 31 (of 89)

□□□□□/□: 30 (of 84)

□□□□□□: 16:36:15

□□□□□: 9(of 23)

□□□□□□□: 18:27:36

□□□□

□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Berggasthof Hör:	43.00	5:12:31	7:16	7	50:52	29	2:16:38	43.00	5:12:31	7:16	24	5:12:31	85	5:12:31	
Sondra	28.00	4:01:31	8:37	11	49:27	36	1:07:39	71.00	9:14:02	7:48	24	9:14:02	82	9:14:02	
Ruhlaer Skihütte	14.00	2:11:08	9:21	8	18:39	28	34:28	85.00	11:25:10	8:03	24	11:25:10	74	11:25:10	
Brotterode/Kleins:	15.00	2:14:32	8:58	11	29:13	38	42:28	100.00	13:39:42	8:11	23	13:39:42	72	13:39:42	
Floh-Seligenthal	12.00	1:29:20	7:26	10	21:25	32	29:31	112.00	15:09:02	8:06	23	15:09:02	72	15:09:02	
Finsterbergen	23.00	3:48:06	9:55	13	45:45	36	1:11:57	135.00	18:57:08	8:25	23	18:57:08	72	18:57:08	
Fröttstädt	26.00	3:51:25	8:54	13	54:40	33	1:19:31	161.00	22:48:33	8:30	9	4:20:57	30	6:12:18	