



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

0000

Beidl, Sonja

00: SC Steinberg

00: 58

00: 100.00 km

Thüringen Ultra

0000:

Frauen W40

000: 15:06:13

00: 6.62 km/h

0000: 9:04 min/km

00000/000: 149 (of 176)

00000/0: 29 (of 36)

000000: 9:26:20

00000: 12(of 12)

0000000: 9:26:20

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Ruhlaer Skihütte	23.96	3:10:03	7:55	8	48:34	22	48:57	23.96	3:10:03	7:55	12	48:34	14	
Floh-Seligenthal	26.92	3:33:16	7:55	9	1:06:13	24	1:06:13	50.88	6:43:19	7:55	12	1:54:47	14	
Finsterbergen	24.12	3:47:15	9:25	12	1:30:20	29	1:30:20	75.00	10:30:34	8:24	12	3:25:07	13	
Fröttstädt	25.00	4:35:39	11:01	12	2:14:46	31	2:14:46	100.00	15:06:13	9:03	12	5:39:53	29	5:39:53