



5. Thüringen ULTRA  
Fröttstädt / 01.07.2011-02.07.2011

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Keelan, Bettina

□□: Berlin  
□□: 1091

□□: 161.00 km  
Thüringen ULTRA - 100 Meilen

□□□□:  
Frauen W50

□□□: 26:57:43

□□: 5.97 km/h  
□□□□: 10:03 min/km

□□□□□/□□□: 71 (of 89)

□□□□□/□: 4 (of 5)

□□□□□□: 21:36:31

□□□□□: 1(of 1)

□□□□□□□: 26:57:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Berggasthof Hör:	43.00	6:23:36	8:55	1	-	5	1:37:55	43.00	6:23:36	8:55	1	-	6	6:23:36	
Sondra	28.00	4:44:22	10:09	1	-	4	1:09:11	71.00	11:07:58	9:24	2	11:07:58	6	11:07:58	
Ruhlaer Skihütte	14.00	2:33:23	10:57	1	-	4	36:18	85.00	13:41:21	9:39	2	13:41:21	6	13:41:21	
Brotterode/Klein:	15.00	2:25:25	9:41	1	-	3	17:05	100.00	16:06:46	9:40	2	16:06:46	6	16:06:46	
Floh-Seligenthal	12.00	1:36:45	8:03	1	-	4	7:25	112.00	17:43:31	9:29	2	17:43:31	6	17:43:31	
Finsterbergen	23.00	4:11:43	10:56	1	-	3	38:44	135.00	21:55:14	9:44	2	21:55:14	6	21:55:14	
Fröttstädt	26.00	5:02:29	11:38	1	-	5	1:02:34	161.00	26:57:43	10:02	1	-	4	5:21:12	