



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

□□□□

Reinert, Jürgen

□□: Team Erdinger Alkoholfrei
□□: 1063

□□: 161.00 km
Thüringen ULTRA - 100 Meilen

□□□□:
Männer M55

□□□: 25:13:44

□□: 6.38 km/h
□□□□: 9:24 min/km

□□□□□/□□□: 58 (of 89)

□□□□□/□: 56 (of 84)

□□□□□□: 16:36:15

□□□□□: 4(of 6)

□□□□□□□: 21:21:40

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|----------|---------|----------|---------|
| Berggasthof Hör: | 43.00 | 5:53:43 | 8:13 | 5 | 1:03:56 | 68 | 2:57:50 | 43.00 | 5:53:43 | 8:13 | 7 | 0:20 | 85 | 5:53:43 | |
| Sondra | 28.00 | 4:41:54 | 10:04 | 4 | 49:56 | 61 | 1:48:02 | 71.00 | 10:35:37 | 8:57 | 7 | 10:35:37 | 82 | 10:35:37 | |
| Ruhlaer Skihütte | 14.00 | 2:21:27 | 10:06 | 3 | 11:26 | 46 | 44:47 | 85.00 | 12:57:04 | 9:08 | 5 | 12:57:04 | 74 | 12:57:04 | |
| Brotterode/Kleins: | 15.00 | 2:28:24 | 9:53 | 4 | 21:31 | 62 | 56:20 | 100.00 | 15:25:28 | 9:15 | 5 | 15:25:28 | 72 | 15:25:28 | |
| Floh-Seligenthal | 12.00 | 1:36:35 | 8:02 | 3 | 13:03 | 49 | 36:46 | 112.00 | 17:02:03 | 9:07 | 5 | 17:02:03 | 72 | 17:02:03 | |
| Finstenberg | 23.00 | 4:10:50 | 10:54 | 3 | 41:10 | 53 | 1:34:41 | 135.00 | 21:12:53 | 9:25 | 5 | 21:12:53 | 72 | 21:12:53 | |
| Fröttstädt | 26.00 | 4:00:51 | 9:15 | 2 | 31:02 | 39 | 1:28:57 | 161.00 | 25:13:44 | 9:24 | 4 | 3:52:04 | 56 | 8:37:29 | |