



5. Thüringen ULTRA
Fröttstädt / 01.07.2011-02.07.2011

0000

Kaufmann, Ursula

00: TV Attendorn

00: 84

00: 100.00 km

Thüringen Ultra

0000:

Frauen W45

000: 11:29:33

00: 8.70 km/h

0000: 6:54 min/km

00000/000: 59 (of 176)

00000/0: 7 (of 36)

000000: 9:26:20

00000: 3(of 9)

0000000: 10:13:27

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ruhlaer Skihütte	23.96	2:46:51	6:57	4	21:37	9	25:45	23.96	2:46:51	6:57	3	21:37	26	
Floh-Seligenthal	26.92	2:53:48	6:27	3	19:56	8	26:45	50.88	5:40:39	6:41	3	41:33	26	
Finsterbergen	24.12	2:57:35	7:21	3	22:43	7	40:40	75.00	8:38:14	6:54	3	1:04:16	24	
Fröttstädt	25.00	2:51:19	6:51	3	11:50	7	30:26	100.00	11:29:33	6:53	3	1:16:06	7	2:03:13