



13. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 03.07.2011

□□□□

Kampf, Arjan

□□□: 5:08:14

□□: Last Gear

□□: 19.66 km/h

□□: 6

□□: 101.00 km

□□□□□/□□□: 51 (of 99)

Langdistanz

□□□□□/□: 51 (of 96)

□□□□□□: 3:59:13

□□□□:

□□□□□: 20(of 41)

Männer 40 bis 49 Jahre

□□□□□□□: 4:08:24

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|-------|---------|-------|----|-------|----|-------|--------|---------|-------|----|---------|----|---------|
| | km | □□ | km/h | - | - | □ | □ | km | □□ | km/h | - | - | □ | □ |
| □□ 1 | 27.50 | 1:27:57 | 18.76 | 21 | 16:33 | 56 | 19:35 | 27.50 | 1:27:57 | 18.76 | 2 | - | 19 | |
| □□ 2 | 23.50 | 1:05:27 | 21.54 | 24 | 12:55 | 62 | 16:12 | 51.00 | 2:33:24 | 19.95 | 11 | - | 20 | 2:50 |
| □□ 3 | 27.00 | 1:32:07 | 17.59 | 19 | 18:55 | 51 | 22:57 | 78.00 | 4:05:31 | 19.06 | 11 | - | 20 | |
| □□□ □□ | 23.00 | 1:02:43 | 22.00 | 17 | 11:27 | 42 | 36:16 | 101.00 | 5:08:14 | 19.66 | 22 | 2:31:27 | 55 | 3:31:38 |