



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

□□□□

Gladitsch, Peter

□□□: 2:51:21

□□: Team Erdinger Alkoholfrei

□□: 6.65 km/h

□□: 109

□□□□□□: 472

□□: 19.80 km

□□□□: 26.08

20 km - Strecke Nordic Walking

□□□□: 186 □

□□□□

| □□□ | km □□□ | km □□ | □□ | □□□ □□ | □□ □□ |
|--------------------------|--------|-------|-------|--------|-------|
| □□ | 0 | 0 | 09:28 | 00:00 | 00:00 |
| Steigerhaus | 2.9 | 2.9 | 09:53 | 00:25 | 00:25 |
| Finsterbacher Pirschhaus | 8.3 | 5.4 | 10:42 | 01:14 | 00:49 |
| Lindenstein | 16.3 | 8.0 | 11:42 | 02:13 | 00:59 |
| □□ | 19.8 | 3.5 | 12:20 | 02:51 | 00:37 |