



1. Gräfenhainer Steigerlauf

Gräfenhain / 23.07.2011

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Scheunig, Jürgen

□□□: 2:51:23

□□: SG Concordia Gräfenhain

□□: 6.65 km/h

□□: 114

□□□□□□: 472

□□: 19.80 km

□□□□: 26.08

20 km - Strecke Nordic Walking

□□□□: 186 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	09:28	00:00	00:00
Steigerhaus	2.9	2.9	09:54	00:26	00:26
Finsterbacher Pirschhaus	8.3	5.4	10:42	01:13	00:47
Lindenstein	16.3	8.0	11:42	02:13	00:59
□□	19.8	3.5	12:20	02:51	00:37