



3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Schwabenpfeil

□□□: 9:38:47

□□: 1

□□: 10.88 km/h

□□□□: 5:29 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 18 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 4(of 10)

Mixed

□□□□□□□: 8:21:47

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:31:26	5:22	5	3:00	17	19:16	17.00	1:31:26	5:22	4	2:27	11	
Maua	22.40	1:54:35	5:06	3	21:19	15	26:23	39.40	3:26:01	5:13	4	23:46	11	
Magdala	13.50	1:02:47	4:39	2	0:52	7	10:06	52.90	4:28:48	5:04	4	21:08	11	
Belvedere	11.10	1:03:30	5:43	4	9:53	22	20:55	64.00	5:32:18	5:11	4	31:01	11	
Blankenhain	15.40	1:20:05	5:12	3	5:24	11	15:14	79.40	6:52:23	5:11	4	36:25	11	
Luisenturm	16.20	1:33:22	5:45	6	20:50	28	27:53	95.60	8:25:45	5:17	4	57:15	11	
Rudolstadt	9.90	1:13:02	7:22	10	30:07	37	36:34	105.50	9:38:47	5:29	4	1:17:00	19	2:20:10