



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Grottenfeen

□□□: 9:41:00

□□: 14

□□: 10.84 km/h

□□□□: 5:31 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 19 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 1(of 4)

Frauen

□□□□□□□: 9:41:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:35:17	5:36	4	5:01	24	23:07	17.00	1:35:17	5:36	1	-	2	
Maua	22.40	2:08:34	5:44	3	6:59	31	40:22	39.40	3:43:51	5:40	1	-	2	
Magdala	13.50	1:09:19	5:08	2	3:02	20	16:38	52.90	4:53:10	5:32	1	-	2	
Belvedere	11.10	1:08:54	6:12	3	1:05	34	26:19	64.00	6:02:04	5:39	1	-	2	
Blankenhain	15.40	1:20:09	5:12	1	-	12	15:18	79.40	7:22:13	5:34	1	-	2	
Luisenturm	16.20	1:27:38	5:24	2	0:46	20	22:09	95.60	8:49:51	5:32	1	-	2	
Rudolstadt	9.90	51:09	5:09	1	-	13	14:41	105.50	9:41:00	5:30	1	-	20	2:22:23