



3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Kernbergvernascher

□□□: 10:54:34

□□: 16

□□: 9.62 km/h

□□□□: 6:12 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 34 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 9(of 10)

Mixed

□□□□□□□: 8:21:47

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:52:31	6:37	9	24:05	36	40:21	17.00	1:52:31	6:37	5	23:32	4	7:40
Maua	22.40	2:22:06	6:20	10	48:50	35	53:54	39.40	4:14:37	6:27	5	1:12:22	4	23:00
Magdala	13.50	1:29:41	6:38	9	27:46	36	37:00	52.90	5:44:18	6:30	5	1:36:38	4	39:54
Belvedere	11.10	1:21:39	7:21	10	28:02	36	39:04	64.00	7:05:57	6:39	5	2:04:40	4	58:37
Blankenhain	15.40	1:21:14	5:16	4	6:33	14	16:23	79.40	8:27:11	6:23	5	2:11:13	4	42:33
Luisenturm	16.20	1:31:12	5:37	4	18:40	23	25:43	95.60	9:58:23	6:15	5	2:29:53	4	42:12
Rudolstadt	9.90	56:11	5:40	5	13:16	23	19:43	105.50	10:54:34	6:12	9	2:32:47	35	3:35:57