



3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Schwabenstreich

□□□: 9:52:33

□□: 2

□□: 10.63 km/h

□□□□: 5:37 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 21 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 15(of 23)

Männer

□□□□□□□: 7:18:37

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□ | □□ □□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□ | □□ □□ |
|--------------|----------|----------|--------------|---------|---------|----------|----------|--------|---------|------|---------|---------|----------|----------|
| Schauenforst | 17.00 | 1:32:50 | 5:27 | 13 | 20:40 | 20 | 20:40 | 17.00 | 1:32:50 | 5:27 | 8 | | 7 | |
| Maua | 22.40 | 2:06:47 | 5:39 | 20 | 38:35 | 29 | 38:35 | 39.40 | 3:39:37 | 5:34 | 8 | 18:10 | 7 | |
| Magdala | 13.50 | 1:15:34 | 5:35 | 18 | 22:53 | 27 | 22:53 | 52.90 | 4:55:11 | 5:34 | 8 | 14:51 | 7 | |
| Belvedere | 11.10 | 1:00:03 | 5:24 | 14 | 17:28 | 16 | 17:28 | 64.00 | 5:55:14 | 5:33 | 8 | 18:28 | 7 | |
| Blankenhain | 15.40 | 1:32:13 | 5:59 | 18 | 27:22 | 26 | 27:22 | 79.40 | 7:27:27 | 5:38 | 8 | 26:14 | 7 | |
| Luisenturm | 16.20 | 1:20:26 | 4:57 | 9 | 14:57 | 10 | 14:57 | 95.60 | 8:47:53 | 5:31 | 8 | 29:17 | 7 | |
| Rudolstadt | 9.90 | 1:04:40 | 6:31 | 21 | 28:12 | 32 | 28:12 | 105.50 | 9:52:33 | 5:36 | 16 | 2:33:56 | 22 | 2:33:56 |