



3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Rummel-Bummler

□□□: 10:11:01

□□: 28

□□: 10.31 km/h

□□□□: 5:47 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 26 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 6(of 10)

Mixed

□□□□□□□: 8:21:47

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:37:51	5:45	6	9:25	28	25:41	17.00	1:37:51	5:45	7	8:52	12	
Maua	22.40	1:56:59	5:13	5	23:43	19	28:47	39.40	3:34:50	5:27	7	32:35	12	
Magdala	13.50	1:01:55	4:35	1	-	6	9:14	52.90	4:36:45	5:13	7	29:05	12	
Belvedere	11.10	1:04:43	5:49	6	11:06	25	22:08	64.00	5:41:28	5:20	7	40:11	12	
Blankenhain	15.40	1:55:08	7:28	10	40:27	37	50:17	79.40	7:36:36	5:45	7	1:20:38	12	
Luisenturm	16.20	1:39:17	6:07	9	26:45	32	33:48	95.60	9:15:53	5:48	7	1:47:23	12	
Rudolstadt	9.90	55:08	5:34	4	12:13	21	18:40	105.50	10:11:01	5:47	6	1:49:14	27	2:52:24