



3. Schiller-Staffel-Lauf Rudolstadt / 20.08.2011

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Siegtalläufer GmbH&Co

□□□: 10:14:48

□□: 23

□□: 10.25 km/h

□□□□: 5:50 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 28 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 18(of 23)

Männer

□□□□□□□: 7:18:37

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □□□ | □□ □□□ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □□□ | □□ □□□ |
|--------------|----------|----------|--------------|---------|---------|-----------|-----------|--------|----------|------|---------|---------|-----------|-----------|
| Schauenforst | 17.00 | 1:42:22 | 6:01 | 21 | 30:12 | 32 | 30:12 | 17.00 | 1:42:22 | 6:01 | 4 | 9:13 | 14 | |
| Maua | 22.40 | 2:03:20 | 5:30 | 17 | 35:08 | 25 | 35:08 | 39.40 | 3:45:42 | 5:43 | 4 | 24:15 | 14 | |
| Magdala | 13.50 | 1:13:37 | 5:27 | 16 | 20:56 | 24 | 20:56 | 52.90 | 4:59:19 | 5:39 | 4 | 18:59 | 14 | |
| Belvedere | 11.10 | 58:43 | 5:17 | 11 | 16:08 | 13 | 16:08 | 64.00 | 5:58:02 | 5:35 | 4 | 21:16 | 14 | |
| Blankenhain | 15.40 | 1:46:17 | 6:54 | 22 | 41:26 | 33 | 41:26 | 79.40 | 7:44:19 | 5:50 | 4 | 43:06 | 14 | |
| Luisenturm | 16.20 | 1:27:25 | 5:23 | 15 | 21:56 | 18 | 21:56 | 95.60 | 9:11:44 | 5:46 | 4 | 53:08 | 14 | |
| Rudolstadt | 9.90 | 1:03:04 | 6:22 | 20 | 26:36 | 31 | 26:36 | 105.50 | 10:14:48 | 5:49 | 19 | 2:56:11 | 29 | 2:56:11 |