



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Schillergirls

□□□: 10:37:29

□□: 5

□□: 9.88 km/h

□□□□: 6:02 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 30 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 4(of 4)

Frauen

□□□□□□□: 9:41:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:30:18	5:18	2	0:02	15	18:08	17.00	1:30:18	5:18	4		16	
Maua	22.40	2:06:33	5:38	2	4:58	27	38:21	39.40	3:36:51	5:30	4		16	
Magdala	13.50	1:13:52	5:28	4	7:35	25	21:11	52.90	4:50:43	5:29	4		16	
Belvedere	11.10	1:07:56	6:07	2	0:07	33	25:21	64.00	5:58:39	5:36	4		16	
Blankenhain	15.40	1:53:54	7:23	4	33:45	36	49:03	79.40	7:52:33	5:57	4	30:20	16	7:55
Luisenturm	16.20	1:46:27	6:34	4	19:35	35	40:58	95.60	9:39:00	6:03	4	49:09	16	22:49
Rudolstadt	9.90	58:29	5:54	4	7:20	26	22:01	105.50	10:37:29	6:02	4	56:29	31	3:18:52