



### 3. Schiller-Staffel-Lauf

Rudolstadt / 20.08.2011

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Team ASTUTEQ

□□□: 10:41:29

□□: 34

□□: 9.82 km/h

□□□□: 6:05 min/km

□□: 105.50 km

Schiller-Staffel

□□□□□: 31 (of 37)

□□□□□□: 7:18:37

□□□□:

□□□□□: 20(of 23)

Männer

□□□□□□□: 7:18:37

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.00	1:40:54	5:56	20	28:44	31	28:44	17.00	1:40:54	5:56	3	7:45	18	
Maua	22.40	2:34:31	6:53	23	1:06:19	37	1:06:19	39.40	4:15:25	6:28	3	53:58	18	23:48
Magdala	13.50	1:19:10	5:51	21	26:29	32	26:29	52.90	5:34:35	6:19	3	54:15	18	30:11
Belvedere	11.10	1:05:33	5:54	21	22:58	27	22:58	64.00	6:40:08	6:15	3	1:03:22	18	32:48
Blankenhain	15.40	1:19:06	5:08	7	14:15	9	14:15	79.40	7:59:14	6:02	3	58:01	18	14:36
Luisenturm	16.20	1:36:53	5:58	21	31:24	30	31:24	95.60	9:36:07	6:01	3	1:17:31	18	19:56
Rudolstadt	9.90	1:05:22	6:36	22	28:54	33	28:54	105.50	10:41:29	6:04	21	3:22:52	32	3:22:52