



100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Ebbert, Norbert

□□□: 20:47:09

□□: LG DUV

□□: 7.70 km/h

□□: 35

□□□□: 7:45 min/km

□□: 160.90 km

□□□□□/□□□: 16 (of 92)

100MeilenBerlin

□□□□□/□□□: 15 (of 92)

□□□□□□: 16:22:17

□□□□:

□□□□□: 15(of 92)

Gesamt

□□□□□□: 16:22:17

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:23:04	6:26	35	24:43	35	24:43	22.20	2:23:04	6:26	46	-	46	
Osdorfer Straße	20.40	2:14:14	6:34	32	29:14	32	29:14	42.60	4:37:18	6:30	46	-	46	
Bahnhof Griebnit	19.70	2:24:20	7:19	23	52:33	23	52:33	62.30	7:01:38	6:46	56	-	56	
Kladower Straße	20.30	2:33:14	7:32	19	32:30	19	32:30	82.60	9:34:52	6:57	45	-	45	
Gartenlaube	10.20	1:20:05	7:51	17	17:40	17	17:40	92.80	10:54:57	7:03	46	-	46	
Lauftreff Schönw	12.50	1:45:59	8:28	25	28:17	25	28:17	105.30	12:40:56	7:13	47	-	47	
Ruderclub Oberh	12.30	1:33:47	7:37	14	54:39	14	54:39	117.60	14:14:43	7:16	48	-	48	
Hattwichstraße	15.40	2:17:49	8:56	15	1:38:41	15	1:38:41	133.00	16:32:32	7:27	45	16:32:32	45	16:32:32
Gedenkstätte	19.50	2:54:05	8:55	19	2:14:57	19	2:14:57	152.50	19:26:37	7:38	78	19:26:37	78	19:26:37
Stadion Lobeckst	8.40	1:20:32	9:35	20	21:19	20	21:19	160.90	20:47:09	7:45	15	4:24:52	15	4:24:52