



# 100MeilenBerlin - Der Mauerweglauf

Berlin / 20.08.2011-21.08.2011

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Palm, Hajo

□□□: 20:58:06

□□: LG Nord Berlin Ultrateam

□□: 7.67 km/h

□□: 62

□□□□: 7:49 min/km

□□: 160.90 km

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100MeilenBerlin

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□□□□□□: 16:22:17

□□□□:

□□□□□: 17(of 92)

Gesamt

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Klein-Ziethener-V	22.20	2:26:52	6:36	54	28:31	54	28:31	22.20	2:26:52	6:36	56	-	56	
Osdorfer Straße	20.40	2:16:23	6:41	34	31:23	34	31:23	42.60	4:43:15	6:38	56	-	56	
Bahnhof Griebnit	19.70	2:25:37	7:23	27	53:50	27	53:50	62.30	7:08:52	6:53	87	-	87	
Kladower Straße	20.30	2:43:04	8:01	28	42:20	28	42:20	82.60	9:51:56	7:09	44	-	44	
Gartenlaube	10.20	1:22:19	8:04	20	19:54	20	19:54	92.80	11:14:15	7:15	45	-	45	
Lauftreff Schönw	12.50	1:41:12	8:05	17	23:30	17	23:30	105.30	12:55:27	7:21	46	-	46	
Ruderclub Oberh	12.30	1:34:21	7:40	15	55:13	15	55:13	117.60	14:29:48	7:23	47	-	47	
Hattwichstraße	15.40	2:28:19	9:37	18	1:49:11	18	1:49:11	133.00	16:58:07	7:39	44	16:58:07	44	16:58:07
Gedenkstätte	19.50	2:44:35	8:26	12	2:05:27	12	2:05:27	152.50	19:42:42	7:45	78	19:42:42	78	19:42:42
Stadion Lobeckst	8.40	1:15:24	8:58	16	16:11	16	16:11	160.90	20:58:06	7:49	17	4:35:49	17	4:35:49